

# The Walnut Leaf

*The Bulletin of the Rotary Club of Walnut Creek*

[www.rotarywc.org](http://www.rotarywc.org)



## **International**

International President

**Jennifer Jones**

Canada

International President

Elect

**Gordon R. McNally**

Scotland

## **District 5160**

District Governor

**Suzanne Bragdon**

District Governor Elect

**Claire Roberts**

## **Walnut Creek**

**Club 465**

President

**Gary Stein**

President Elect

**Gordon Fischer**



## **Today's Meeting**

David Ko Wells Fargo Bank General Market Conditions

## **April Sun has applied for Membership**



April is the owner of Sun Bodyworks and is a personal trainer and massage therapist. She resides in Concord and says that she has volunteered with Habitat for Humanity and has recently helped organize a book drive to benefit a domestic abuse and homeless shelter. She loves reading, traveling, different cultures and meeting new people.

## **...And Betsy Yuan has applied for Membership.**



Betsy is a Pharmacist with Alameda County and a brand partner at PaperPie, a children's book and toy company. She and her husband reside in Concord and is the mother of an 4 year old girl who is excited about starting kindergarden this fall. She reports that she is very involved in book drives and book fairs to

help spread interest and love for reading and is an enthusiastic volunteer and a brand partner with her company while working on launching a children's creative play toy company, Wonderdust. She first contacted the club for support of her current project which is detailed on the next page.

## **Did you miss us?**

Last week's meeting via Zoom did not materialize due to a wind storm here in Walnut Creek! Winds gusting to as high as 75mph knocked out power throughout the city, including the Heather Farm Lake Side room where we meet. No power... no Internet.

## **Open Space project.**

### **Don Willoughby**

The staining workday has been re-scheduled for Saturday March 18th, weather permitting. We'll have morning and afternoon shifts that day, and we'll need at least 6-7 folks working each shift. The goal is to put at least a first coat of stain on all of the lumber for the first pergola. We'll most likely need a second work day for a second coat, probably March 22nd or March 25th - depending on the weather and availability of volunteers. If the weather cooperates, there will be a major construction work day on Saturday April 1st to install the main framework on foundations built by the City crews. After April 1, construction days to complete the construction will have to be on weekdays, and I'll be contacting those who signed up for weekday work to arrange those days. If anyone would like to be added to the list of volunteers, please email me with preferences for staining or construction and whether they can work weekdays.. (Also, if anyone has some sawhorses that they could loan for the staining days, please contact me.)

## **Book Fundraiser.**

Hello, my name is Betsy! I'm helping to run a book drive fundraiser to help reach 150 foster children in Contra Costa County. The book drive would be sponsored members and friends of the Rotary club in association with a publishing company called PaperPie. The goal is for each child to receive an EmpowerME pack: \$50 worth of high quality, new books that fuel their knowledge and wellness, packaged in a cinch backpack. Because of PaperPie's matching per donation, it's only \$35 to sponsor one child, \$70 to sponsor two children, \$105 to sponsor 3 children and so on.

I learned about PaperPie shortly after my daughter was born. At first, I was simply buying their books and reading to her when she was a baby. Because of how much I loved their books and believe in literacy as a lifestyle, I signed up to become a brand partner. I don't do many personal sales, but instead, focus my efforts on book drives for schools, learning centers and daycare's and book drive fundraisers for children who may not otherwise have the luxury of having new books and toys. I'm excited to partner with the Rotary Club of Walnut Creek to support our foster youth population.

**Betsy Yuan**

## **Join the Fun...Happy Hour**

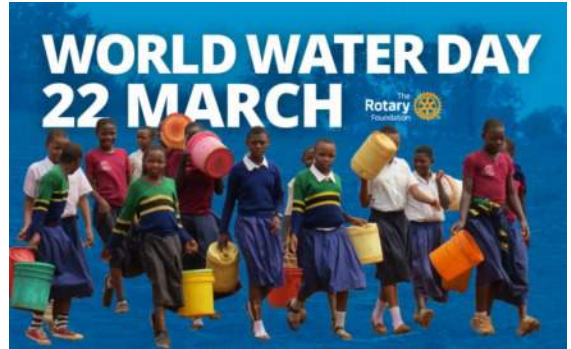
Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary.

Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Contact [Darin Kelly](#) for details and to see if this is a meeting week.

## World Water Day

Tomorrow, March 22 is World Water Day. To learn more about what Rotary is doing to promote a world with clean water visit their [Connect Website](#) or the [Rotary Action Group WASH](#).



## Coming meetings & events...

March 28: **Daniel Buckshi**

Update on Walnut Creek

March: Registration for

District Conference April 26-28, 2024

April 4: **Ozgur Kozaci**

Seismic activity in the Middle East

April 11: **Lisa Mistry Ghatala**

Ayurvedic Practitioner

April 15: Spring Assembly

April 18: **Robert Tufel**

Cancer Support Community

April 25: **Gloria Duffy**

Commonwealth Club of California

May 27-31 RI Convention, Melbourne, Australia



# BOOK FUNDRAISER

benefiting the children of  
Contra Costa Foster Friends



## Contra Costa Foster Friends' Mission Statement:

provide foster families in Contra Costa County with critical and ongoing support so that they are able to continue opening up their hearts and homes to foster children. We accomplish this by building relationships. Meeting tangible needs and giving them a place to be encouraged, valued, and connected.



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**424,000**

the national average of children in the foster system at any given time

**9 in 1,000**

children are abused, which often puts them into the foster care system

**6.1**

the median age of children in foster care

**40%**

of children in foster care having learning disabilities

**Our goal: sponsor 50 children | \$35 sponsors one child**

To donate: cash, checks to Betsy Yuan or Venmo  
Questions? [booksfortheimagination@gmail.com](mailto:booksfortheimagination@gmail.com)



@betsyyuan

## Live Meetings

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page  
If you want to order a lunch, please email your order to **John McClintic** at [jmccclintic@bamlaw.com](mailto:jmccclintic@bamlaw.com) or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

**Orders must be received no later than noon, Friday preceding the meeting.**

Your meal is included in the \$23 live meeting charge for diners. "No-shows" will be charged the full \$23. The meeting charge for non-diners attending live is \$10.



Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaitqUTU0YXdeQT09>

Meeting ID: 844 1076 5063 Passcode: Rotary

Local dial-up audio numbers: San Jose 1.669.900.6833 or Houston 1.346.248.7799.

## Other Club Officers

Immediate Past President

**Peter Kohn**

Secretary

**Marcia Gerg**

Attendance Secretary

**Trudy Cumming**

Treasurer

**John McClintic**

Sergeant at Arms

**Trudy Cumming**

Bulletin Editor

**Clint Collier**

Membership

**Cathy Durfee**

2021-2023 Directors

**Prem Abraham**

**Darren Kelly**

**Trudy Trinner**

2022-2024 Directors

**Jason Callan**

**Jerry Benoit**

**Lance Mendes**

## District Officers

Asst. Governor DV8

**Dess Benedetto**

DEI Chairman

**Milt Smith**

Sergeant at Arms

**Layton Hansen**

# Next week - Lunch Choices Catered by Sunrise Bistro

## BOX LUNCHES

### Sandwich Box

Made with our Herbed or Whole Wheat Breads  
Includes Potato or Pasta Salad, Lemon Bar, Brownie  
or Chocolate Banana Bread (Chef's Choice)

#### Selections:

Turkey - Turkey & Cranberry - Ham - BLTA

Tri Tip & Caramelized Onions - Cashew Chicken

Salad - Tuna Salad - Egg Salad

Vegetarian: Herbed Cream Cheese, Avocado, Carrots,  
Beets, Cucumber, Tomato & Sprouts

Roasted Veggie: Roasted Veggies with Tomato Basil  
Pesto Spread

Vegan: Hummus, Avocado, Carrots, Beets,  
Cucumber, Tomato & Sprouts



### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or  
Chocolate Chip Banana Bread (Chef's Choice)

#### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad

(GF) - Chicken or Flaked Salmon Caesar's Goddess -

Greek - Chicken & Roasted Vegetable (GF) -

Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia  
Seed Pudding

\*\* Mariposa Gluten Free Bread

## SPECIALTY BOXES

### Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Sweet Potato, House Salsa, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red  
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,  
Herbed Lemon Tahini Dressing, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Roasted Sweet Potatoes, Fresh Fruit & Nuts